

Isle of Wight Dementia Alliance Support Groups Calendar - Spring 2017

| Support Groups Calendar - March, April and May 2017 | | | | Suitable for | | Purpose |
|---|---|--|--|---------------------------------|----------------------------|--|
| Name of Support Group | Where | When | What time | Family, friends and carers | Those living with dementia | |
| Age UK - Community Memory Groups Tel: (01983) 525282 Brading Cowes Freshwater Lake Newport Ryde | St Mary's Church Hall, High Street, Brading, PO36 0AT Northwood Cricket Club, Park Road, Cowes, PO31 7NN The Gouldings, St Andrews Way, Freshwater, PO40 9NH The Lions Club, New Road, Lake, PO36 9LA Congregational Church Hall, 98 Pyle Street, Newport, PO30 1UH St John the Baptist Church Hall, High Park Road, Ryde, PO33 1BP | Every Wednesday Every Monday Every Thursday Every Tuesday Every Monday Every Thursday | 10am - 3pm 10am - 3pm 10am - 3pm 10am - 3pm 10am - 3pm 10am - 3pm | * * * * * * | ✓ ✓ ✓ ✓ ✓ ✓ | Weekly groups offering memory therapy and social activity. Memory groups bring people together who have memory loss, i.e. have dementia |
| Alzheimer Café Tel: (01983) 220200 Cowes - NEW VENUE! Newport Ryde Sandown Totland Ventnor ACE7 (for under 65's) | The Methodist Church, Birmingham Road, Cowes, PO31 7BH St John's Church Hall, Nodehill, Newport, PO30 1EQ All Saints Church, Queen's Road, Ryde, PO33 3BG The Methodist Church, York Road, Sandown, PO36 8ET St Saviour's Holy Family Centre, Weston Lane, Totland, PO39 0HE Green Room, 1 Salisbury Gardens, Dudley Road, Ventnor, PO38 1EJ Red Cross House, Hunnycross Way, Newport, PO30 5ZD | 2nd Wed' monthly: 8/3, 12/4, 10/5 Last Thur' monthly: 30/3, 27/4, 25/5 1st Fri' monthly: 3/3, 7/4, 5/5 2nd Tues' monthly: 14/3, 11/4, 9/5 3rd Wed' monthly: 15/3, 19/4, 17/5 1st Wed' monthly: 1/3, 5/4, 3/5 Every other Tues' from 14 March | 2pm - 4.30pm 6pm - 8.30pm 11.30am - 2pm 6pm - 8.30pm 2pm - 4.30pm 6pm - 8.30pm 10.30am-12.30pm | ✓ ✓ ✓ ✓ ✓ ✓ ✓ | ✓ ✓ ✓ ✓ ✓ ✓ | A welcoming friendly environment offering an opportunity to chat with health and social care professionals, our volunteers and make new friends Especially for those aged under 65 |
| Alzheimer's Society Tel: 023 9289 2035 Friendship/Activity Group Information Drop In Stand | Red Cross House, Hunnycross Way, Newport, PO30 5ZD Lord Louis Library, Orchard Street, Newport, PO30 1LL | 3rd Wednesday monthly Next dates: 15 Mar, 19 Apr, 17 May 3rd Wednesday monthly Next dates: 15 Mar, 19 Apr, 17 May | 10.30am-12.30pm 1.30pm - 3.30pm | ✓ ✓ | ✓ ✓ | Enables people living with dementia and carers to regularly meet and share their experience with others in similar situations Information and signposting service |
| Carers IW Tel: (01983) 533173 Take a break (please phone Carers IW to book a place) Carers Support Groups and Events | The Riverside Centre, The Quay, Newport, PO30 2QR Various locations - To request the Carers IW monthly newsletter containing details of groups/events and locations phone: 533173 or email: info@carersiw.org.uk | 2nd Tuesday monthly Next dates: 14 Mar, 11 Apr, 9 May Various days and dates | | ✓ ✓ | * * | Enables carers to have respite by joining a creative session and the opportunity for holistic therapy A good opportunity to meet others in a similar position, enjoy a social event or take part in an activity |
| Dementia Pathfinders Tel: 0845 257 2250 Dementia Conversations | St James Church, Church Path, Well Rd, East Cowes, PO32 6RL | Next dates: 21 Mar, 6 April, 16 May | 6.30pm - 8.30pm | ✓ | * | An opportunity for carers, relatives and friends of those living with dementia to share experiences and gain knowledge |
| Memory Lane Tel: (01983) 754803 | The Annexe behind Christ Church, Alum Bay New Road, Totland PO39 0ES | 1st Wednesday monthly Next dates: 1 March, 5 April, 3 May | 2pm - 4 pm | ✓ | ✓ | Aimed at those suffering any degree of memory loss, their carers, relatives, friends or paid professionals |
| St Margaret's Independent Memory Group Tel: (01983) 865645 | St Margaret's Hall, Lowtherville Road, Upper Ventnor, PO38 1BJ | Every Tuesday | 10am - 3pm | * | ✓ | A community based service promoting mental stimulation, friendship and understanding of difficulties brought about by changes in memory function |
| The Elephant Club Tel: (01983) 291185 or 07736 548480 | The Garden Room, All Saints Church, Tuttons Hill, Gurnard, Cowes, PO31 8JA | 3rd Thursday monthly Next dates: 16 Mar, 20 Apr, 18 May | 2pm - 4pm | ✓ | ✓ | Provides Melody and Memory stimulation to those with dementia in a relaxed and informal setting |